

Suggested Highlights – November 2017

MBI Intergroup:

- **Steps Ten and Eleven Workshop**, Saturday December 16, 2017, 1 to 2:30 PM at Lawrence Memorial Hospital in the Johnson Room. No pre-registration is required.
- **Step Twelve Workshop**, Saturday, December 23, 2017, 10:30 to 11:30 AM at Lawrence Memorial Hospital in the Johnson Room. Abstinence is not required. All are welcome.
- **2017 MBI Thank-a-thon**, Thanksgiving Day, November 23, a meeting on the hour, every hour from 7 am to 1 pm, ending at 1 pm, at Lawrence Memorial Hospital in the Johnson Room. "Let us give thanks!"
- **Next MBI Meeting** – Saturday, December 16, 2017 – 10:30 AM to noon, Lawrence Memorial Hospital, Medford, MA, in the Gallagher Room. Visitors are welcome! You could visit, bring your lunch, and then attend the Steps 10 & 11 Workshop.

Region 6

- **Region 6 Convention 2018** in Portland, Maine. "We Light the Way". October 26-28, 2018. \$50 Early Bird registration available soon. Info at oaregion6.org.

World Service

- **News from OA WSO** is now being updated monthly in the MBI Newsletter. This information is on page 4. The newsletter is available on the MBI Website, www.oambi.org. Make at least one copy of the MBI Newsletter for your group.
- **Twelfth-Step-Within-Day** is celebrated on December 12 each year to encourage us to reach out to those within the Fellowship who are still suffering from compulsive eating behaviors.

Say: If you have any questions or want more information, please speak to me at the end of the meeting. Thank you.