



## **You are Invited!**

### ***Third Annual Fall Into Recovery: Practicing These Principles in All Our Affairs-MBI's Fall Retreat- October 5,6,7,2018***

Please join us at the Espousal Retreat House and Conference Center, 554 Lexington Street, Waltham, MA

Come away from your daily life for a time of recovery and fellowship.

How do you stay abstinent, one day at a time? How do you practice the principles of the program "in all your affairs?" Our speakers will share their experience, strength and hope on the Twelve Steps, the Tools of OA, and much more.

Price: \$175 (Single rooms)

Includes 2 nights lodging, 5 meals (abstinent food- plain, no spices, no sugar, no flour, non-meat alternatives available for vegetarians/vegans - please let us know if needed)

Check in will begin at 3 PM on Friday, October 5. We will have dinner together and our program will begin Friday evening. The retreat will end at noon on Sunday, October 7. The last meal will be breakfast on Sunday morning. More details will be sent prior to the retreat.

If you want to sign up for the retreat, please complete the registration form.

## **Registration Form- MBI 2018 Fall Into Recovery Retreat**

Please make checks payable to **MBI** and mail to Mass Bay Intergroup, P. O. Box 74, Arlington, MA 02476.

**You will receive a confirmation (email or mail) when we receive your registration.**

Name:

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Address:

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E-mail: \_\_\_\_\_; phone/text \_\_\_\_\_

**\*\*Please check if you are a vegan \_\_\_\_\_ or a vegetarian \_\_\_\_\_.**

***Service Opportunities: Are you willing to help? - We are looking for assistance to produce the retreat***

Please circle all that apply: (Be sure we have a way to reach you if you want to do service!)

- Plan the Retreat
- Lead a session
- Lead a meditation session
- Teach a craft
- Help set-up for the retreat
- Help to break-down after the retreat
- Be a greeter for fellow attendees
- Other ideas

### ***Cancellation Policy:***

*Cancellations will only be refunded, after the retreat, and on condition we have met our financial obligation to the Espousal Center.*

**Questions? Contact the MBI office: 781-641-2303 or [mbifallretreat@gmail.com](mailto:mbifallretreat@gmail.com)**