



OVEREATERS ANONYMOUS®

www.oambi.org

MASS BAY INTERGROUP

MBI Newsletter

July 2021

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Summer Steps – Six and Seven

It is now June, the month we revisit Step 6: Were entirely ready to have God remove all these defects of character. We soon follow that with Step 7: Humbly asked Him to remove all our shortcomings. Big steps! The first time I took these steps I really did not know what I was saying or what I was to do, except to begin to act different. I had to stop getting angry, being impatient, judging and criticizing others, stop being fearful and resentful, just to name a few. So, I tried. My intentions were good, but it seemed like the harder I tried not to get impatient, angry, resentful, short-tempered with co-workers and bosses (I worked at a law firm so essentially all the attorneys were my bosses) -- I couldn't do it! It took me a number of AWOLs to realize that I wasn't meant to do it all myself. There was a higher power involved here, I was to humbly ask Him to remove my shortcomings. Did that mean that my HP, God, would just remove them with no effort on my part? As it turns out, no, that wasn't what happened. I was guided by a caring sponsor to pick the most troublesome shortcoming, impatience, and ask God to help me be more patient. I began doing that, using that same process with whatever shortcoming was causing a problem for me that day. I look back at the process and am amazed at the gradual increase of patience I experienced. Life presented me with many opportunities to practice patience and I kept practicing. Same went for the other shortcomings: gossiping, criticizing, judging, high expectations, people pleasing, etc., and fears of not being good enough, financial insecurity, others' opinions, and more. The more I prayed for the opposite of these, the better I got at practicing the better behaviors. Truly, progress not perfection.

Another thing I must mention is forgiveness. That had to play a big part of my recovery. As I became willing to forgive others in my past, my heart softened. As I continue to practice forgiveness in the day, I found more peace and contentment than I could ever have imagined. As the Big Book says, "we have ceased fighting anything or anyone." If I practice this to the best of my ability and willingness, my contentment grows. I know I must continue to work the steps daily, practice the principles in all my affairs, reach out, go to meetings, read literature, write about feelings and happenings, follow my food plan, make reach out calls, do service, pray, and take quiet time...all of which I do. My life isn't perfect, but it is far better than I ever could have dreamed of. May God bless all who are reading this with all the good things I wish for myself.

Barbara Ann, Compulsive Overeater

Newsletter Addendum: Marie M from Reading attended the World Service Business Conference and wrote a report that is very informative and worth reading. It is attached at the end of this newsletter.

Jeanne K, Webmaster, and Mary P, Newsletter Chair

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Step 7: Humbly asked Him to remove our shortcomings.

Spiritual principle: HUMILITY

OA Tradition 7

"Every OA group ought to be fully self-supporting, declining outside contributions." Spiritual Principle: Responsibility

MBI NEWS !

Newsletter Report - July 2021

Thank you to everyone who has contributed to creating this newsletter. Thank you, Barbara Ann, for submitting your recovery share for our first page.

If you are interested in contributing to the work of MBI, reflected in our newsletter, join us at our next Zoom business meeting 7/10 or 8/14/21, 10:30-noon. The Zoom link is in the calendar on our website: oambi.org.

Respectfully, Mary P, Newsletter Chair

MBI Treasurer's Report -May 2021

\$ 2010.24 Income \$786.63 Expenses
 \$ 1223.62 income exceeded expenses
 Checking bal. 5/31/21 \$8418.91
 Savings bal. 5/31/21 \$4006.67

In May, \$2010.24 of our income was from group donations (\$973.24 through Stripe, a \$437.00 Check donation) and a \$600 check from R6 for our PI/PO grant. The list of groups who donated in May is at the end of this report. **Thanks to all supporting MBI.**

Our May expenses: We paid \$455 for our May office rent. Our Verizon bill was \$165.70. We paid \$15.83 to Zoom Standard Pro monthly plan. We paid Marina S. for 2 months work, \$150.00 total.

Receiving donations through the MBI website is going smoothly. If you have any difficulty making donations through the website, email our webmaster at webmaster@oambi.org and leave a message at the MBI office for Jeanne K. 7th Tradition donations can also be made by mailing checks to MBI at PO Box 74, Arlington, MA 02476. Individual donations are listed as "anonymous" unless they are made for a specific meeting.

If you would like to ask questions about any of this, contact me through the office email (info@oambi.org) or by phone (781-641-2303). Marina will forward your questions to me and I will get back to you.

Respectfully submitted, Jeanne K., MBI Treasurer

Group Donations May 2021

\$87.07	Andover (BBSS) Sun 5 pm
\$ 19.26	Chelmsford Sat 2pm
\$ 97.50	Medford Sat 9 am
\$244.20	Milton Wed 7pm
\$ 52.51	Newton Wellesley Sat 7:15am
\$ 48.60	North Andover Mon 6pm
\$ 67.86	North Andover Sat 8am
\$ 19.26	Reading Tues 9:30 am
\$ 49.58	Reading Wed 6: pm
\$ 52.51	Reading(BBSS) Tues(
\$ 61.02	Reading/Stoneham Mon. 6:30pm
\$437.00	Readville
\$ 19.26	Stoneham Sun 8:30 am
\$ 11.44	Waltham Wed 7pm
<u>\$146.10</u>	ANON
\$1413.17	Total

MBI Office Activity Report -June 2021

Phone calls received	4
Emails received	34
Emails sent	21
Checks & Cash Received	1
Newsletters sent	4
Meeting lists sent	1
Professional packets sent	0
Newcomer packets	1

Office Committee Chair Report – June

The office activity is continuing quietly. One member asked about resuming face-to-face meetings, and we answered that individual groups are in touch with their venues, but no one has restarted face-to-face yet. The office has not yet been contacted re: the speaker/sponsors database.

Call the office (781-641-2303) if you want to find a speaker or a sponsor. There are three categories of speakers and sponsors: 90 days, HOW and BBSS.

Marina - OAMBI office worker

12 Step Report – June 2021

“A life of sane and happy usefulness”: words to live by from the Big Book. That is what we can do when we apply the steps.

The Step 6 & 7 Workshop in June went well. The Step 8 Workshop is on 7/17/21 from 10:30 to noon. The Zoom information is on the oambi.org website in the calendar, and on page 5 of this newsletter.

There will be no workshop in August. The Step 9 Workshop will be 9/18/21.

Respectfully, Dave D, 12 Step Chair

MBI MEETINGS DATES –2021

- July 10, 2021**
- August 14, 2021**
- September 11, 2021**
- October 16, 2021**
- November 13, 2021**
- December 11, 2021**

Come join us at MBI for Service and Fellowship! All are welcome!!! Please come and bring your ideas!

PI/PO/Diversity Committee–June 2021

Developing Intergroup Reps (IGR) has become an important area of focus for our committee. We are compiling a master list of all the groups and their IGR and their phone numbers. This information can be sent to Willing P at Willing@TheThirdAgenda.com.

We want to increase outreach from our meetings to the MBI meetings. Currently, IGRs are giving group attendance numbers to Beth P., reporting both number attending weekly and number of newcomers. We also want to increase sharing of information from the MBI Board meetings to MBI groups. We want to encourage group members to share their success in OA with their physician or healthcare worker and let them know MBI can provide an experienced speaker for presentations for staff meetings and professional development.

If you’re interested in carrying the OA message to doctors, nurses, nurse education programs, medical schools, therapists, employee assistance program staff, spiritual advisors, clergy and compulsive overeaters

everywhere who still suffer, call Marina at the MBI office, 781-641-2303, or email info@oambi.org for a FREE packet.

Anyone interested in serving as a liaison to MBI from a member meeting is invited to attend our monthly MBI business meetings as a visitor to hear about our work!

Respectfully submitted, Beth P. Co-chair

MBI Bylaws Committee Report - June

Currently reviewing bylaws related to Intergroup Reps. Cathy B, Jeanne K.

Webmaster Report – June 2021

Website updated with latest newsletters, highlights, meeting list, WSO Bulletin, posts, and events.

New 7th Tradition button update: We received 13 contributions through our website from Jun 1 to June 29, 2021. Occasionally a donation will not go through the first time if there is a connection problem along the way. Usually trying again at a later time will work. ***If you have a problem let us know!***

Newsletter Email Statistics

Delivered: Tues, June 15, 2021:11:35 pm
 2 Bounced 0 Unsubscribed
Successful deliveries 284, Total opens 258Last opened 6/23/21 5:48 pm

Top links clicked

<https://cdn.oambi.org/wp-content/uploads/2021/06/MBI-Newsletter-June-2021.pdf>

Oct. 22-24. Registration is now open!

<https://r6convention2018.ticketleap.com/together-we-can/>

For flyer with full details, go to

<https://oaregion6.org/2021/>

<https://oa.org/world-service-convention/>
<http://OAMBI.ORG>

<https://cdn.oambi.org/wp-content/uploads/2021/06/June-2021-Highlights.pdf>
<http://OA.org>

<https://oaregion6.org/2021/>

Respectfully submitted, Jeanne K., webmaster

NEWS FROM OA WSO

For news from the World Service Office, to order books and pamphlets, to get all meeting information, for Podcasts about OA, for writing opportunities, and much more go to www.oa.org. Check with your Intergroup Rep if you don't have internet access.

Latest News: Visit oalifeline.org to read for free more than 1000 shares of experience, strength and hope written by OA members, originally published in the pages of Lifeline Magazine from 2016 to 2020.

New! "Lifetime of Abstinence: One Day at a Time" (#155) dives more deeply into the details of what abstinence looks like on a daily basis, combining several discontinued pamphlets. Available as a [pamphlet](#) on the OA bookstore and as an e-book on [Amazon Kindle](#), [Barnes & Noble Nook](#), and [Apple Books](#) platforms for US \$1.00.

New! "In OA, Recovery is Possible: About Compulsive Eating and the OA Program of Recovery" (#135), combines several discontinued pamphlets and focuses on defining compulsive eating and answering questions about program basics. Available as a [print pamphlet](#) in our OA bookstore and as an e-book on [Amazon Kindle](#), [Barnes & Noble Nook](#), and [Apple Books](#) platforms for US\$2.00.

To the Young Person has been updated to include all-new recovery stories—plus a classic testimonial—submitted by young OA members. Also included is a revised questionnaire to help young people better decide if they have a problem with food. Available exclusively as an e-book on [Amazon](#), [Barnes & Noble](#), and [Apple](#) platforms.

"Where Do I Start?" Everything a Newcomer Needs to Know is now available as an e-book on [Amazon Kindle](#), [Apple Books](#), and [Barnes & Noble Nook](#). Combining several individual pamphlets along with other OA literature, the pamphlet is an in-depth guide for those new to the program. Print copies (#705) are also available from the OA bookstore at bookstore.oa.org.

OA has developed four public information videos in 8-, 13-, 14-, and 60-second lengths. Please share these videos with your members,

groups, and service bodies. Link the videos to your websites, include them in your newsletters and at your public information events, share them with your healthcare providers. The videos are on the [Podcast page](#) under Public Information.

Lifeline Sampler, a collection of over 200 stories from Lifeline magazine covering a wide variety of recovery topics, is now available in print again from Amazon (also available as an e-book) Go to amazon.com and enter <https://amzn.to/2NM4vgW> in the search bar.

"Meeting Transition Guidance" – a letter from World Service with suggestions about how to make face to face meetings into virtual/ phone meetings is available for download: <https://oa.org/app/uploads/2020/11/Meeting-Transition-Guidance.pdf>

Temporary Sponsors: Newcomers' First Twelve Days, a new piece of OA literature, gives a suggested format for temporary sponsors to use when introducing newcomers to the program. Each day includes readings from the pamphlet Where Do I Start? Everything a Newcomer Needs to Know. Download this free guide from oa.org/sitemap under "Group Resources".

NEWLY UPDATED: the Twelve Step Workshop and Study Guide, Second Edition (#960-2) is an in-depth resource for leading groups or individual sponsees through the twelve steps.

NEWLY AVAILABLE: the Participant Guide for Twelve Step Workshop and Study Guide, Second Edition (#965) has the pages attendees and sponsees need in order to participate in the Twelve Step Workshop and follow along with the leader. Both are available through the OA [bookstore](#).

OA's Suggested Meeting Formats now include OA's updated definitions of "Abstinence" and "Recovery" and the new suggested contribution of five US dollars. Find and download these in the [documents library](#) under "Meeting Formats."

**Events and Information
(CORRESPONDING SECRETARY'S REPORT)**

Please make flyers available for your meetings

CHECK WITH YOUR LOCAL GROUPS OR INTERGROUP WEBSITES FOR INFORMATION ON TELEPHONE AND ZOOM OPTIONS FOR FACE TO FACE MEETINGS THAT HAVE BEEN SUSPENDED.

Go to OA.org to change your meeting profile if your face to face meeting has been changed to a phone or Zoom meeting.

MASS BAY INTERGROUP NEWS & EVENTS:

MBI Step 8 Workshop is on Saturday, **July 17, 2021** from **10:30-noon**. The OA 12 & 12 will be used, followed by 2 speakers & open sharing. Join Zoom Meeting:

<https://us02web.zoom.us/j/87900066451?pwd=b05BR0UvV0kva0ZOcjNaZ3pOTlhUT09> Meeting ID: 879 0006 6451 Password: 369375, or call 1-929-205-6099, same ID & password. Zoom active at 10:15am.

MBI Step 9 Workshop will be held in September.

Coming Back to OA Workshop September 25, 2021, 10:30-12N. A panel of speakers will share how they used the Tools to achieve and maintain their abstinence. Second of a 3 part series. All will be welcome. Final Workshop: Nov. 6, 2021.

MA/NH STATE INTERGROUP NEWS & EVENTS

MWI Newcomer's Workshop on the last Sunday of every month, 1:30pm ET. Next: 7/25. To access: <https://www.metrowestoa.org/news-and-events/>

MWI is also holding workshops the first Sunday of the month, 1:30-2:30pm ET. To access: <https://www.metrowestoa.org/news-and-events/>

Cape Cod IG will be holding a face-to-face day long retreat Sunday, September 19th in Yarmouth, MA. Flyer: <http://capecodoa.org/wp-content/uploads/2021/06/CCI-One-Day-Retreat-flyer.2021.pdf>

REGION 6 NEWS & EVENTS

ADDRESS FOR REGION 6 DONATIONS:

Region 6 Treasurer
P.O. Box 644, Peabody, Mass 01960
Region 6 trustee contact:
Region6trustee@gmail.com

2021 Region 6

Fall Assembly planned:
September 24-25, 2021

R6 Virtual Convention, "Together We Can" Oct. 22-24/2021. Registration is now open.

<https://oaregion6.org/2021/>

Virtual Region Second Sunday e-workshops

3 pm - 4:30pm. 7/11 What does it really mean to surrender?

VR Fourth Saturday e-workshops 12:30-2pm.

7/24 Bondage To self.

For full schedules of both workshops, go to:

<https://oavirtualregion.org/virtual-region-workshop/>

VR Phone Marathons are being held during many important holidays this year.

<https://oanova.org/2020-marathon-phone-meetings-2/>

OA WORLD SERVICE NEWS & EVENTS:

World Service 2021 Convention. Theme: "Walking in the Sunlight: One Day at a Time", Dates: August 26-28, '21, Orlando, FL. Reservations now open!

<https://oa.org/world-service-convention/>

Monday, July 12, 2021- Twelfth Step Within

Day. A day to focus on carrying the 12th Step message and reach out to OA members in relapse or still suffering. **Next: Thursday, August 12.**

World Service Office
PO Box 44727
Rio Rancho, NM 87174-4727
USA

For news, events, announcements & info, see the websites:

www.oambi.org; www.oaregion6.org; www.oa.org

The next MBI Meeting Dates - Save the Dates!

Saturday, July 10, 2021

Saturday, August 14, 2021

10:30 A.M. - 12:00 P.M. - ZOOM

BOARD & COMMITTEE CHAIRS *

- **MBI CHAIR**
Cathie B. (Lowell)
- **VICE-CHAIR**
Paulina S. (Lexington)
- **CORRESPONDING SECRETARY**
Cathryn C. (Georgetown)
- **RECORDING SECRETARY**
Beth P. (Newton)
- **TREASURER**
Jeanne K. (Chelmsford)

COMMITTEE CHAIRS

- **OFFICE** - open
- **PROFESSIONAL OUTREACH PUBLIC INFORMATION**
co-chairs Beth P. (Newton), Willing (Quincy)
- **COMMUNICATIONS**
- **Newsletter:**
Mary P. (Quincy)
- **Webmaster:**
Jeanne K. (Chelmsford)
- **12 STEP**
Dave D. (Arlington)
- **BYLAWS** - open

MEETING Representatives

Sun 8:30am, Stoneham, Alice
 Sun 5 pm, Andover BBSS: Bobbie M
 Tue 9:30am, BBSS: Diane C
 Wed 9:30am, Stoneham: Paulina S
 Wed 7pm, Waltham: Donna
 Wed 7pm, Milton: Willing P
 Sat 8am, N Andover: Cathryn C
 Sat 7:15am, NW hospital: Deb
 Sat 9am, Carney hospital: Mary P
 Sat 9:30am, HOW meeting: Austine
 Sat 2pm, Chelmsford: Barbara Ann F

**MASSACHUSETTS BAY INTERGROUP
OF OVEREATERS ANONYMOUS**

P.O. Box 74,
 7 CENTRAL ST., SUITE 209
 ARLINGTON, MA 02476
 (781) 641-2303

EMAIL: info@oambi.org

WEBSITE: <http://www.oambi.org>

OFFICE HOURS: MONDAY & THURSDAY/CALL FOR APPOINTMENT

Did you know that every MBI meeting has a responsibility and a vote at the Intergroup Level?

Each MBI meeting can send an Intergroup Representative who attends the monthly MBI meetings. At your next Business Meeting, please ask, does our meeting have an Intergroup Rep? Who is it? Are they willing and able to attend the monthly meetings?

If there is no rep, please nominate an Intergroup Representative. An Intergroup Rep's responsibility is to attend the monthly virtual business meetings and to communicate to your meeting members all the happenings from the monthly MBI meeting.

OA '90Day' Telephone Meetings* (EST)

Sunday 8-9AM(Big Book Disc)

Dial-In: 605-313-5146 Access Code: 616525#

Sunday 8:30-9:30AM (Men's meeting)

Zoom ID#- 88360650133

Dial-In: 1-669-900-9128, Access Code: 88360650133

Sunday 2-3pm (Big Book Disc)

Dial-In: 605-313-4477, Access Code: 423295#

Sunday 8-9pm (Spkr/Disc)

Dial-In: 515-604-9742, Access Code: 152802#

Monday 10-11 am (For Today/ Disc)

Dial-In: 515-606-5628, Access Code:361336#

Monday 6-7pm (Spkr/Disc)

Dial-In: 515-606-5432, Access Code: 342177#

Monday 8-9pm (Big Book Disc)

Dial-In: 605-313-4488, Access Code: 235224#

Monday 6:30pm, BBSS (Stoneham) Zoom meeting:

<https://us02web.zoom.us/j/71491935523?pwd=V3I3bW5kcTY2oUpvNm96TFZmNUh1Zz09>Dial (646)558-8656 Meeting ID: 714 9193 5523 **Meeting Password: 1HdZpL**

Tuesday 9:30-10:30am (Women's meeting)

Dial-In: 605-313-5149, Access Code: 964221#

Tuesday 4:30-5:30pm (Spkr/Disc)

Dial-In: 712-775-7035, Access Code: 318539#

Tuesday 7-8pm (Spkr/Disc)

Dial-In: 646-876-9923, Zoom ID# 72909580027

Wednesday 10-11am (Spkr/Disc)

Dial-In: 712-451-1095, Access code: 106702#

Wednesday 1-2pm (Spkr/Disc)

Dial-In: 605-313-5144, Access Code:494591#

Wednesday 8-9pm (Spkr/Disc)

Dial-In: 515-604-9742, Access Code: 152802#

Thurs 8-9pm (Spkr/Disc)

Dial-In: 712-451-0673, Access Code: 419032#

Friday 9-10am (Spkr/Disc)

Dial-In: 712-770-4160, Access Code: 156173#

Friday 6-7pm (Spkr/Disc)

Dial-In: 605-313-5143, Access Code: 713226#

Saturday 8-9am (For Today/ Disc)

Dial-In: 605-313-5149, Access Code: 242083#

Sat 10-11:15am (Spkr/BB/ 12+12)

Dial-In: 1-346-248-7799

Zoom ID: 875 1073 1879 Passcode: 2020

Saturday 4-5 pm (Spkr/Disc)

Dial-In: 712-451-0921, Access Code: 911188#

* Dial meeting phone number and follow prompt to enter pin followed by the # sign. Keep your phone muted except to share (meeting leader will give instructions on how to do so). It is requested that those sharing have 90 days or more of continuous abstinence.

* **For a complete list of meetings see www.oambi.org**

Report to MBI by Marie M from Reading
5/8/2021

Total Eligible voters: 248

Number of countries represented: 20 --Australia, Brazil, Canada, Columbia, France, Germany, Greece, Iceland, Iran, Israel, Italy, Latvia, Mexico, New Zealand, Poland, Russia, South Africa, Spain, UK, England, Scotland, and USA

95 New Delegates this year "green dots"

Officer Reports:

Chair, Bonnie L. last year as Chair Service bodies can apply for a blanket approval for use of the logo for a period of two years. Printed Lifeline ended and the look forward to "next generation" replacement to the printed copy. Stay tuned. This year links were added to the bookstore pages making it easier to locate electronic version of literature.

Solid fiscal year-end in 2020 exceeded all previous history with contribution received. 2018 financials showed 2 years of deficit budgets. Looking at how to improve the financial position formation of ad hoc committee to consider if we could serve our Fellowship with fewer trustees, shorten the conference by two days, reducing the number of conference committees or merging committees. Eliminate rental cars during BOT meetings and conference opting to use shuttles. Investments have performed remarkably well. Florida is open for business. Conference not sure if it will be live or zoom. Missed the people.

Treasurer's Report: Tina C. A year to forget and yet for OA it was quite the year especially financially! Income was up, print book sales were down, and BOT expenses were minimal. WSO was closed for quite some time, no staff layoffs. Conference cost was minimized, netting a profit of \$488,751. As of January 31, 2021 there were 496 Automatic Recurring Contributions (ARC) accounts, with a monthly income of \$10,506.64. They put a freeze on delegate support fund for the time being.

Managing Director's report – 2 government programs during 2020. In May applied for funds through Payroll Protection Program loan administered by the Small Business Administration. This loan allowed them to maintain the staff which is crucial the effectiveness in meeting the needs of the Fellowship. The loan was fully forgiven in January 2021. In addition, through the local electric utility that allowed them to replace every light, inside and outside the building with LED lights for less than \$1,000, typically over \$16,000. Groups and Service Bodies: In 2020 the number of OA meetings worldwide, including virtual meetings, averaged 6,199 in over 75 countries, with 334 service bodies (including region offices). OA literature has been or is in the process of being translated into more than 29 languages.

Committee Reports: 27 different committees

Bylaws Committee Meeting;

3 Subcommittees were formed to work on the topics for the year. FAQ's, Bylaws are my friends, groups mentoring bylaws.

All About Conference and Meet the Maker: What one new idea did you leave with from each? Each of these meetings were very helpful to attend prior to the conference. It helped me to know what to expect, how to ask questions, present a pro or con, and to allow myself to be the newcomer and not get overwhelmed by it all. It was also good to attend the "Meet the Maker" session to hear about the motions from the person who made the motion and to be able to ask questions informally.

Literature Considered: What received the conference approval? This new literature will be available soon.

Tools of Recovery: Helping us live and work the Twelve Steps (took out "overeaters", replaced with "individuals" in some places)

A New Plan of Eating: A Physical, Emotional and Spiritual Journey (Developed through review and combination of Dignity of Choice & A Plan of Eating)

Voice of Recovery, Second edition (updated with references to the OA Twelve and Twelve, Second Editions and other OA literature, pronouns and capitalization changes)

New Business: Which motions were adopted? Which motions failed? 9 proposals
2 proposals for the definition of abstinence (A-revert to earlier version & C-new definition) this went to reference subcommittee and a substitute motion was presented / new definition was adopted. It was a combination of the original definition prior to the 2019 change. "On a daily basis was added.
Motion to permit changes every ten years – failed
Motion to change the preamble – defeated
Motion to add Diverse Voices Policy – Adopted
Motion to change young persons to young people – Adopted
Motion to change Unity with Diversity Policy to include everyone with a desire to stop eating compulsively – Adopted
Motion about hybrid meetings may register only once and has one group number at oa.org – Adopted
Motion to change that Board votes last – withdrawn to be considered next year
Motion to limit service to encourage new voices and new points of view through rotation of trustee service – Defeated
Motion to change residency requirements for trustees – defeated
Motion to allow the BOT to meet virtually – Adopted
3 separate Motions to restructure the BOT – withdrawn
Motion to form service bodies to support special focus groups specifically men and atheist/agnostic meetings –Adopted

Emergency New Business: There were 7 proposals / motions for Emergency New Business, 2 were sent back as out of order they were related to By-laws and Bylaw amendments are not handled as Emergency new Business. Rescind changes to Voices of Recovery. Reference Subcommittee sent only 1 motion to the floor that met the definition of Emergency New Business.
Move to plan for and provide live language translation, including ASL interpretation, as needed for the entirety of the WSBC. Did not pass. There is an ad hoc committee working on this.

Elections:

Trustees voted in: Neva S. Region 3, Beth B. Region 6, Dora P. Virtual Region
GST voted in: CJ M. and Judy H. (3 open positions and only 2 applications)

My thoughts on WSBC - I am honored to have represented MBI at the WSBC this year, it was a wonderful experience and I thank you for trusting me to serve in this capacity. I am so grateful to have been a part of the "business" of OA. Every person that spoke I said a prayer "God Bless You". I am amazed at the knowledge of those that serve our Fellowship at this level. WOW, WOW, WOW! How did they get so smart? Years of service at all different levels. This was my first experience with "government" and consensus / voting for things that are for the greater good of the Fellowship. What an honor. I experienced every emotion from "Don't mess with my program" to "That is such a good idea for OA as a whole". I again was amazed by how personal our programs are to each one of us and that each person feels so strongly in what they believe. The process of voting on the motions was incredible, here's the motion, here are the pro's, here are the con's, then open it up for questions. And if necessary, the motion goes to reference subcommittee for "re-working" before it goes to the floor for a vote. At any time, delegates can request that the "Serenity Prayer" be said to calm the room and to bring God in.