

MBI Workshops & Retreats:

- **OAMBI Meeting** 4/9/22 10:30-12:00 on zoom
- **Step Three Workshop** 3/19/22 10:30-12:00 on zoom
- **Step Four Workshop** 4/23/22 10:30-12:00 on zoom

NOTE: Zoom and phone information for ALL workshops and retreats can be found on oambi.org under “Upcoming Events”

Metro West OA Special Topic Meetings and Events:

- **Newcomers’ Workshops**
When: Last Sunday of every month, 1:30-2:30 pm EST
Sign up here:
https://docs.google.com/forms/d/e/1FAIpQLSf_3G8J8TCxUp3dwWii8Hx9mwSf_hfgRA3p4x12RIB4h1IiA/viewform
- **Newcomer’s Meeting Sundays 7 p.m. (Eastern U.S.)**
Zoom: <https://zoom.us/j/7056582426> or call (929) 205-6099
Meeting ID: 705-658-2426
- **People of Color-focused OA meeting**: Every Tuesday 2:30-3:30 p.m. (Eastern U.S.) For anyone who identifies as a Person of Color. Meeting ID: 294 207 2024 *Password: 115324*

Important Meeting Changes - Most changes are on OAMBI.ORG

MBI meeting goers who are able and willing to chair/host their usual face to face meeting as a Free Phone or Zoom phone and (optional) visual meeting, **Contact Beth P at: oambizoom@gmail.com for Host information.**

Please know that Mass Bay & Metro West Intergroup are suggesting & supporting “live” Group meetings, by Free Conference Call or Free Zoom conference call.

Please call the contact person to find out if there is a phone meeting or other on line meeting temporarily. (Most contacts can be found on <https://oa.org/find-a-meeting/?type=0>) Also, see letter from OA at <https://oa.org/app/uploads/2020/03/OA-COVID-19-Letter-2.pdf>. Thanks.