

OVEREATERS ANONYMOUS WHERE DO I START?



- Still working out if OA is the right place for you?
- And if it is, wondering how you can get started?
- Have a million other questions but not sure who to ask?
- If you're a newcomer (or a not-so-newcomer) to OA... then this workshop via Zoom is for you!

Join us at this safe, friendly, interactive workshop to connect with other newcomers and have your questions explored with long term members in recovery

Saturday 26 March 2022 9.30am – 10.30am
(Sydney Australia time)

Register by 5pm Fri 25 March by txting (or WhatsApp) Sharon +61 414 87 47 11

These workshops will be run monthly (dependent on demand)