



recovery inspires shared experiences

Our mission is to provide inspiring speaker meetings of depth and authenticity while supporting World Service through financial contributions.

Upcoming Speaker Topics:

JAN **2** Living One Day At A Time:
New Year's Resolutions Versus Commitment

JAN **16** Vital Virtual EXPERIENCE

FEB **6** Replacing Stinking Thinking
With Program Speak

FEB **20** Protecting Your Abstinence:
Know Your Internal & External Triggers

MAR **6** The Culmination, The Call, & The Challenge
The Three Cs of Step 12

MAR **20** Experience, Strength
and Hope

1-4 p.m. PDT

Overeaters Anonymous
Registered Meeting #88993

Meetings held regularly on the first & third Sundays of each month
Zoom ID: 947 2125 9974 Password: 810562