

<b>OA 90 Telephone and Zoom meetings Eastern Time (USA)</b>								8/1/2022	
<u>Group #</u>	<u>DAY</u>	<u>TYPE</u>	<u>TIME</u>	<u>PHONE #</u>	<u>PIN#</u>	<u>Contact Name / Tel.#</u>		<u>Add'l info</u>	
55610	Sunday	Spkr/Disc	6am	1-717-908-1930	226348#	Lynn	1-404-314-1683/est	(MA)	
55623	Sunday	Big Book	8am	1-605-313-5146	616525#	Mardie	1-727-501-3949/est	Discussion	
89118	Sunday	Men's mtg	8:30AM	1-669-900-9128	88360650133	Neil R.	1-410-318-6737/est	pw:Sundaymen	
45497	Sunday	spkr/disc	8:30AM	1-425-436-6310	853478#	Ginger	1-781-435-4385/est	(MA)	
53288	Sunday	relapse/recov	10AM	1-929-205-6099	678611404	Jason	1-617-818-0246/est	pw:213703	
55360						Play back recording #: 605-313-4105			
55360	Sunday	OA12&12	2pm	1-605-313-4477	423295#	Sue	1-843-599-2194/est		
45156	Sunday	Spkr/Disc	4pm	1-605-475-4700	464366#	Beth	1-413-320-2401/est	(MA)	
32247	Sunday		5PM	1-929-205-6099	8173662853	TBA	see oambi.org	pw:358625	
55012	Sunday	Spkr/Disc	8pm	1-681-999-0125	152802#	Cheryl E.	1-972-849-1884/cst	(TX)	
52823	Sunday	Spkr/lit	10PM	1-669-900-6833	pw:277229	Richard	1-408-940-6278/pst	86195938957	
55500	Monday	Spkr/Disc	7am	1-605-313-5146	212416#	Joanne S.	1-978-204-6037 /est		
55560	Monday	Trad/Disc	8:30AM	1-605-472-5430	143951#	Georgeann1	623-341-0001/pst/mst	OA 12&12	
45662	Monday	Big Book lit	9:30AM	1-929-436-2866	169398975	Judy	1-774-215-0907/est	call Judy for pw	
55003	Monday	'For Today'	10am	1-240-591-0217	361336#	Carol S.	1-919-985-1959/est	Discussion	
55259		[List of speakers : <a href="http://oa90library.weebly.com">http://oa90library.weebly.com</a> ]					Play back re	recdg540-792-0005	342177# pin
55259	Monday	Spkr/Disc	6pm	1-240-591-0206	342177#	Eve	1-774-893-3269/est	Q&A end of mtg	
53025	Monday	OA90'BBSS	6:30PM	1-646-558-8656	pw:371377	Sue	978-996-9116/est	85241422955	
55510	Monday	Spkr/Disc	7pm	1-609-746-1094	964781#	Celeste	802-376-3507/est	hybrid/(VT)	
55490	<a href="https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFJldWJORGJnbFUzOVJMQT09">https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFJldWJORGJnbFUzOVJMQT09</a>						zoom mtg id: 222498444 / ZOOM mtg		
55490	Monday	Spkr/Disc	7pm	1-312-626-6799	222498444	Stephanie	1-727-641-3437 / est	pw:008551	
55276	Monday	Big Book lit	8pm	1-605-313-4488	235224#	Jean B.	1-617-767-9134 /est	Discussion	
89478	Monday	Spkr/Disc	10PM	1-929-205-6099	pw:132465	Leah	1-408-857-6123/pst	86065736073	
89080	Monday	Spkr/Disc/Zoom	11pm	1-669-900-9128	764584118	Chris	1-408-892-3188/pst	pw:newcomers	
55245	Tuesday	Women's mtg	9:30am	1-605-313-5149	964221#	Carol S.	1-919-985-1959 /est	Spkr/Disc	
89497	Tuesday	Newcomers	1PM	1-669-900-9128	pw:newcomers	Bob L.	1-314-256-9574/cst	82312200799	
55386	Tuesday	Spkr/Disc	4:30pm	1-667-770-1476	318539#	Cathy C.	1-352-323-0833 /est		
55358	Tuesday	Spkr/Disc	7pm	1-646-876-9923	72909580027	Al S.	1-617-592-3715 /est	pw:052020	
89095		Zoom mtg link:	<a href="https://us02web.zoom.us/j/75404375924">https://us02web.zoom.us/j/75404375924</a>			Mtg Id#	754 0437 5924 / Pass code: 796870		
89095	Tuesday	Spkr/Disc	7:30pm	1-301-715-8592	754 0437 5924	Neil R.	1-410-318-6737 /est	pw:796870	
56511	Tuesday	OA/AA lit	8:30PM	1-681-999-0228	374341#	Chris	1-602-573-6804/pst/mst/hy	AZ time mst/pdt	
55547	Wednesday	Spkr/Disc	7am	1-605-313-5149	138973#	Joanne S.	1-978-204-6037 /est		
38115	Wednesday	Spkr/Disc	9:30AM	1-929-436-2866	pw:350772	Kathy D	1-617-921-6674/est	81354119513	
55244	Recorded speakers: <a href="https://wedspeakers.wixsite.com/oa90/1st&amp;3rdWed/">https://wedspeakers.wixsite.com/oa90/1st&amp;3rdWed/</a>					Playback tel	el#717-908-1015# pin106702#		
55244	Wednesday	Spkr/Disc	10am	1-540-792-0084	106702#	Barbara	1-760-638-3995 /pst	Keeping Spiritually Fit	
55018	Wednesday	Spkr/Disc	1pm	1-605-313-5144	494591#	Marcie	1-303-805-1881/mst		
55641	Wednesday	Spkr/Disc	5:30PM	1-646-876-9923	82135878895	Jean R.	1-603-566-4791/est	pw:2021	
54559	Wednesday	Spkr/Disc	7PM	1-646-558-8656	call or email Jean B for passcode			89215994861	
55385	Wednesday	Spkr/Disc	8pm	1-681-999-0125	152802#	Jean	1-617-767-9134/est		
55319	Thursday	Voices of Recovery	7AM	1-605-475-4777	505284#	April D.	1-724-987-0582/est	Discussion	
55462	Thursday	Spkr/Disc	10am	1-605-472-5278	153663#	April D.	1-724-987-0582 /est	Discussion	
TBA	Thursday	For Today/VOR	10:30AM	TBA Zoom		Norma	1-602-380-6208/pst	starts 8/11	
55305	Thursday	Spkr/Disc	11am	1-605-313-5149	964221#	Karl Y.	1-727-244-8976 /est	Health issues	
55158			also	39-06-8-881-2000 same as below Skype: Talkyou_skype*1 Press * for English					
55158	Thursday	Italian	2:30PM	39-02-8-721-2000	014219#	Lorenzo	1-408-759-2617/pst	Italian/Intl	
800155	Thursday	OA/AA Steps/	5:30PM	1-929-436-2866	222498444	Stephanie D	1-727-641-3437/est	pw:008551	
89278	Thursday	OA BBSS	5:30pm	1-646-876-9923	82135878895	Jean R.	1-603-566-4791/est	pw:2021	
88839	Thursday	Spkr/Disc/Zoom	7pm	1-346-248-7799	87086756621#	Maggie	1-814-494-1572/est	Zoom	
55002	Thursday	Spkr/Disc	8pm	1-412-924-7121	419032#	Lori	1-210-829-4195 /cst	Basic Focus	
55157	Friday	Spkr/Disc	9am	1-717-908-1834	156173#	Bruce G.	1-408-655-0407 /pst		
55320	Friday	Spkr/Disc	11am	1-605-313-5149	964221#	Karl Y.	1-727-244-8976 /est	Health issues	
55044	Friday	Spkr/Disc	6pm	1-605-313-5143	713226#	Sally S.	1-617-429-9411 /est		
34970	Saturday	Spkr/Disc	7:15am	1-302-202-1102	277158#	Jay	1-617-699-2233 /est	MA	
55023						For meeting format see - <a href="https://www.90DayOA.com">Website: 90DayOA.weebly.com</a>			
55023	Saturday	'For Today'	8am	1-605-313-5149	242083#	Laura	1-802-885-1099/est	Discussion	
46006	Saturday	Spkr/Disc	8AM	1-929-436-2866	708604467	Cathryn	1-603-661-6712/est	pw:502545	
47116	Saturday	Spkr/Disc	8:30AM	1-646-558-8656	pw:342407	Kathy	1-781-593-1079/est	89374109422	

35175	<b>Saturday</b>	Spkr/Disc	<b>9AM</b>	<b>1-425-436-6310</b>	<b>853478#</b>	Sally	1-617-429-9411/est	(MA)
<b>800160</b>	<b>Saturday</b>	Spkr/Disc	<b>10AM</b>	<b>1-646-558-8656</b>	<b>4017106603</b>	Darian	1-508-272-8896/est	PW:123123
89357	<b>Saturday</b>	Spkr/BB/12+12	<b>10am</b>	<b>1-301-715-8592</b>	<b>87510731879</b>	Mandy	1-303-915-6188 /mst	pw:2020
89595	<b>Saturday</b>	spkr/disc	<b>noon</b>	<b>1-669-900-6833</b>	<b>81577583251</b>	Richard W	1-650-814-3009/pst	pw:339347
55204				For Format see this website: <a href="https://oa90sat4pmmmeeting.wixsite.com/phonemeeting">https://oa90sat4pmmmeeting.wixsite.com/phonemeeting</a>				
55204	<b>Saturday</b>	Spkr/Disc	<b>4pm</b>	<b>1-434-300-4186</b>	<b>911188#</b>	Velma	1-602-500-9055 /mst	
	New List Contact: Jean B. 617-767-9134 email: jeanfloa@gmail.com							
		<b>ZOOM MEETINGS</b>		<b>Zoom ID#</b>	<b>pin or password</b>		<b>contact</b>	
89118	<b>Sunday</b>	<b>Men's mtg</b>	<b>8:30AM</b>	<b>88360650133</b>	<b>sundaymen</b>	Neil R.	1-410-318-6737/est	
89118	link	<a href="https://us02web.zoom.us/j/88360650133?pwd=VDRN3Bwb05XQIA3QkwwNmIEZzBtZz09">https://us02web.zoom.us/j/88360650133?pwd=VDRN3Bwb05XQIA3QkwwNmIEZzBtZz09</a>						
53288	<b>Sunday</b>	<b>relapse/recov</b>	<b>10AM</b>	<b>678611404</b>	<b>213703</b>	Jason	1-617-818-0246/est	<b>relapse ok</b>
53288	link	<a href="https://us02web.zoom.us/j/678611404?pwd=YUZKaXl2cVdyTWp2MUUVU2pZNFcvQT09">https://us02web.zoom.us/j/678611404?pwd=YUZKaXl2cVdyTWp2MUUVU2pZNFcvQT09</a>						
32247	<b>Sunday</b>		<b>5PM</b>	<b>8173662853</b>	<b>358625</b>	TBA		
32247	link	<a href="https://us02web.zoom.us/j/8173662853?pwd=YTQzUy8yQ1U1S3BHNvpaYTI2bGxPZz09">https://us02web.zoom.us/j/8173662853?pwd=YTQzUy8yQ1U1S3BHNvpaYTI2bGxPZz09</a>						
52823	<b>Sunday</b>	<b>speaker/lit</b>	<b>10PM</b>	<b>86195938957</b>	<b>277229</b>	Richard	1-408-940-6278/pst	
52823	link	<a href="https://us02web.zoom.us/j/86195938957?pwd=ejRhNmZuaTFUTjIzQkK0dFJ1aFZzUT09">https://us02web.zoom.us/j/86195938957?pwd=ejRhNmZuaTFUTjIzQkK0dFJ1aFZzUT09</a>						
45662	<b>Monday</b>	<b>Big Book Lit</b>	<b>9:30AM</b>	<b>169398975</b>	<b>call contact</b>	Judy	1-774-215-0907/est	
45662	link	<a href="https://zoom.us/j/169398975">https://zoom.us/j/169398975</a>						
53025	<b>Monday</b>	<b>BBSS OA90</b>	<b>6:30PM</b>	<b>85241422955</b>	<b>371377</b>	Sue	1-978-996-9116/est	see oambi.org
53025	link	<a href="https://us02web.zoom.us/j/85241422955?pwd=dGhQSnB6SWszbnNHamRTRWFUSUJ1UT09">https://us02web.zoom.us/j/85241422955?pwd=dGhQSnB6SWszbnNHamRTRWFUSUJ1UT09</a>						
55490	<b>Monday</b>	<b>spkr/disc</b>	<b>7PM</b>	<b>222498444</b>	<b>008551</b>	Stephanie	1-727-641-3437 /est	FL
55490	link	<a href="https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFILdWJORGJnbFUzOVJMOT09">https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFILdWJORGJnbFUzOVJMOT09</a>						
89478	<b>Monday</b>	<b>spkr/disc</b>	<b>10PM</b>	<b>86065736073</b>	<b>132465</b>	Leah	1-408-857-6123/pst	
89478	link	<a href="https://us02web.zoom.us/j/86065736073?pwd=MVMIVVFwa05wYOpqMkbZiZPaEiMZZ09">https://us02web.zoom.us/j/86065736073?pwd=MVMIVVFwa05wYOpqMkbZiZPaEiMZZ09</a>						
89080	<b>Monday</b>	<b>spkr/disc/newc</b>	<b>11PM</b>	<b>764584118</b>	<b>newcomers</b>	Bob L.	1-314-256-9574/cst	
89080	link	<a href="https://us02web.zoom.us/j/764584118?pwd=bnVSV2NQVkyYwLy9BZHZBdUhyR3QrUT09">https://us02web.zoom.us/j/764584118?pwd=bnVSV2NQVkyYwLy9BZHZBdUhyR3QrUT09</a>						
89497	<b>Tuesday</b>	<b>newcomers</b>	<b>1PM</b>	<b>82312200799</b>	<b>newcomers</b>	Bob L.	1-314-256-9574/cst	
89497	link	<a href="https://us02web.zoom.us/j/82312200799?pwd=b0k5WmhEWkkrTmNhVUdMcXyYzBTdz09">https://us02web.zoom.us/j/82312200799?pwd=b0k5WmhEWkkrTmNhVUdMcXyYzBTdz09</a>						
55358	<b>Tuesday</b>	<b>spkr/disc</b>	<b>7PM</b>	<b>72909580027</b>	<b>052020</b>	Al S.	1-617-592-3715/est	MA
55358	link	<a href="https://us04web.zoom.us/j/72909580027">https://us04web.zoom.us/j/72909580027</a>						
89095	<b>Tuesday</b>	<b>spkr/disc</b>	<b>7:30PM</b>	<b>75404375924</b>	<b>796870</b>	Neil R.	1-410-318-6737 /est	
89095	link	<a href="https://us02web.zoom.us/j/75404375924">https://us02web.zoom.us/j/75404375924</a>						
38115	<b>Wednesday</b>	<b>spkr/disc</b>	<b>9:30AM</b>	<b>81354119513</b>	<b>350772</b>	Kathy D	617-921-6674/est	
38115	link	<a href="https://us02web.zoom.us/j/81354119513?pwd=NWpJdE4Q3k4QUJVMUxLVFRrdXFKQT09">https://us02web.zoom.us/j/81354119513?pwd=NWpJdE4Q3k4QUJVMUxLVFRrdXFKQT09</a>						
55641	<b>Wednesday</b>	<b>spkr/disc</b>	<b>5:30PM</b>	<b>82135878895</b>	<b>2021</b>	Jean R.	1-603-566-4791/est	
55641	link	<a href="https://us02web.zoom.us/j/82135878895?pwd=UTNKVVkzb1JOSGxaRkVESzRhYnFIUT09">https://us02web.zoom.us/j/82135878895?pwd=UTNKVVkzb1JOSGxaRkVESzRhYnFIUT09</a>						
54559	<b>Wednesday</b>	<b>spkr/disc</b>	<b>7PM</b>	<b>89215994861</b>	email <a href="mailto:walthamwednesdayoa@gmail.com">walthamwednesdayoa@gmail.com</a> for passcode			
54559	link	invite link and one touch dialing will not work, enter mtg ID and passcode manually						
TBA	<b>Thursday</b>	<b>lit/meditation</b>	<b>10:30AM</b>		TBA	Norma	1-602-380-6208/pst	
	link	8/11 start						
	<b>Thursday</b>	<b>Step/Trad</b>	<b>5:30PM</b>	<b>222498444</b>	<b>008551#</b>	Stephanie	1-727-641-3437 /est	
800155	link	<a href="https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFILdWJORGJnbFUzOVJMOT09">https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFILdWJORGJnbFUzOVJMOT09</a>						
800155	<b>Thursday</b>	<b>OA BBSS</b>	<b>5:30PM</b>	<b>82135878895</b>	<b>2021</b>	Jean R.	1-603-566-4791/est	
89278	link	<a href="https://us02web.zoom.us/j/82135878895?pwd=UTNKVVkzb1JOSGxaRkVESzRhYnFIUT09">https://us02web.zoom.us/j/82135878895?pwd=UTNKVVkzb1JOSGxaRkVESzRhYnFIUT09</a>						
89278	<b>Thursday</b>	<b>spkr/disc</b>	<b>7PM</b>	<b>87086756621</b>		Maggie	1-814-494-1572/est	
88839	link	<a href="https://us02web.zoom.us/j/87086756621">https://us02web.zoom.us/j/87086756621</a>						
88839	<b>Saturday</b>	<b>spkr/disc</b>	<b>8AM</b>	<b>708604467</b>	<b>502545</b>	Cathryn	1-603-661-6712/est	
46006	link	<a href="https://us02web.zoom.us/j/708604467?pwd=ekd3dEpFbUFTUDNmQ2RnbkdIQWZVQT09">https://us02web.zoom.us/j/708604467?pwd=ekd3dEpFbUFTUDNmQ2RnbkdIQWZVQT09</a>						
46006	<b>Saturday</b>	<b>spkr/disc</b>	<b>8:30AM</b>	<b>89374109422</b>	<b>342407</b>	Kathy	1-781-593-1079/est	
47116	link	<a href="https://us02web.zoom.us/j/89374109422?pwd=NmNKRCtLWW01YUdtK1VHRVJ3STgvdz09">https://us02web.zoom.us/j/89374109422?pwd=NmNKRCtLWW01YUdtK1VHRVJ3STgvdz09</a>						
47116	<b>Saturday</b>	<b>spkr/BB/12&amp;12</b>	<b>10AM</b>	<b>87510731879</b>	<b>2020</b>	Mandy	1-303-915-6188/mst	

89357	link	<a href="https://us02web.zoom.us/j/87510731879?pwd=YVFIRWxNRWVSektXeHD1MUNvcTNQQT09">https://us02web.zoom.us/j/87510731879?pwd=YVFIRWxNRWVSektXeHD1MUNvcTNQQT09</a>					
89357	<b>Saturday</b>	<b>90 minute mtg</b>	<b>10AM</b>	<b>4017106603</b>	<b>123123</b>	Darian	1-508-272-8896/est
800160	link	<a href="https://us02web.zoom.us/j/4017106603?pwd=a0c2N0FnMzllYmpobDJROXd1WVB1dz09">https://us02web.zoom.us/j/4017106603?pwd=a0c2N0FnMzllYmpobDJROXd1WVB1dz09</a>					
800160	<b>Saturday</b>	<b>spkr/disc</b>	<b>noon</b>	<b>81577583251</b>	339347	Richard	W1-650-814-3009/pst
89595	link	<a href="https://us02web.zoom.us/j/81577583251?pwd=a0xvdkl5ajRRK1A5bENqSC9NUT09">https://us02web.zoom.us/j/81577583251?pwd=a0xvdkl5ajRRK1A5bENqSC9NUT09</a>					
89595		You can use any of these phone numbers to access a Zoom meeting if you don't have web access.					
		1-312-626-6799, 1-669-900-6833, 1-253-215-8782, or 1-346-248-7799.					
		1-929-205-6099, 1-301-715-8592,					
		You can use these phone numbers and the Zoom meeting ID to access a Zoom meeting by phone if you don't have web access.					
		A note about Arizona time: There is a Tuesday night meeting held at 5:30PM Arizona time. That is 8:30PM EDT					
		(March-November) and 7:30PM EST (November-March). March and November will be change months. Arizona is on					
		Pacific Time starting in March and on Mountain Time starting in November (they change time zones instead of clocks)					
		Because this is a hybrid phone meeting, they want to keep it on their local time.					





