

OA 90 Telephone and Zoom meetings Eastern Time (USA)								1/2/2023	
Group #	DAY	TYPE	TIME	PHONE #	PIN#	Contact Name / Tel.#		Add'l info	
55610	Sunday	Spkr/Disc	6am	1-717-908-1930	226348#	Lynn	1-404-314-1683/est	(MA)	
55623	Sunday	Big Book	8am	1-605-313-5146	616525#	Mardie	1-727-501-3949/est	Discussion	
89118	Sunday	Men's mtg	8:30AM	1-669-900-9128	88360650133	Neil R.	1-410-318-6737/est	use # for pw	
45497	Sunday	spkr/disc	8:30AM	1-425-436-6310	853478#	Ginger	1-781-435-4385/est	hybrid MA	
53288	Sunday	relapse/recov	10AM	1-929-205-6099	678611404	Jason	1-617-818-0246/est	pw:213703	
55360						Play back recording #: 605-313-4105			
55360	Sunday	OA12&12	2pm	1-605-313-4477	423295#	Sue	1-843-599-2194/est		
45156	Sunday	Spkr/Disc	4pm	1-605-475-4700	464366#	Beth	1-413-320-2401/est	(MA)	
32247	Sunday	Spkr/Disc	5PM	1-646-931-3860	none	Ina	1-603-459-4552/est	81893028281	
55012	Sunday	Spkr/Disc	8pm	1-681-999-0125	152802#	Cheryl E.	1-972-849-1884/cst	(TX)	
52823	Sunday	Spkr/lit	10PM	1-669-900-6833	pw:277229	Richard	1-408-940-6278/pst	86195938957	
55500	Monday	Spkr/Disc	7am	1-605-313-5146	212416#	Joanne S.	1-978-204-6037 /est		
55560	Monday	Trad/Disc	8:30AM	1-605-472-5430	143951#	Georgeann1	623-341-0001/pst/mst	OA 12&12	
45662	Monday	Big Book lit	9:30AM	1-929-436-2866	169398975	Judy	1-774-215-0907/est	call Judy for pw	
55003	Monday	'For Today'	10am	1-240-591-0217	361336#	Carol S.	1-919-985-1959/est	Discussion	
55259		[List of speakers : http://oa90library.weebly.com]					Play back re	recd#540-792-0005	342177# pin
55259	Monday	Spkr/Disc	6pm	1-240-591-0206	342177#	Eve	1-774-893-3269/est	Q&A end of mtg	
53025	Monday	OA90'BBSS	6:30PM	1-646-558-8656	pw:371377	Sue	978-996-9116/est	85241422955	
55510	Monday	Spkr/Disc	7pm	1-609-746-1094	964781#	Celeste	802-376-3507/est	hybrid/(VT)	
55490	https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFlldWJORGJnbFUzOVJMQT09						zoom mtg id: 222498444 / ZOOM mtg		
55490	Monday	Spkr/Disc	7pm	1-312-626-6799	222498444	Stephanie	1-727-641-3437 / est	pw:008551	
50401	Monday	various	7:30PM*	1-346-248-7799	none	Lori M	1-480-242-4999pst/mst	9235422707#	
55276	Monday	Big Book lit	8pm	1-605-313-4488	235224#	Jean B.	1-617-767-9134 /est	Discussion	
89478	Monday	Spkr/Disc	10PM	1-929-205-6099	pw:132465	Leah	1-408-857-6123/pst	86065736073	
89080	Monday	Spkr/Disc/Zoom	11pm	1-669-900-9128	764584118	Chris	1-408-892-3188/pst	use # for pw	
55245	Tuesday	Women's mtg	9:30am	1-605-313-5149	964221#	Carol S.	1-919-985-1959 /est	Spkr/Disc	
89497	Tuesday	Newcomers	1PM	1-669-900-9128	use# for pw	Bob L.	1-314-256-9574/cst	82312200799	
55386	Tuesday	Spkr/Disc	4:30pm	1-667-770-1476	318539#	Cathy C.	1-978-590-6831/est		
55358	Tuesday	Spkr/Disc	7pm	1-646-876-9923	72909580027	Al S.	1-617-592-3715 /est	pw:052020	
89095		Zoom mtg link:	https://us02web.zoom.us/j/75404375924			Mtg Id#	754 0437 5924 / Pass code: 796870		
89095	Tuesday	Spkr/Disc	7:30pm	1-301-715-8592	754 0437 5924	Neil R.	1-410-318-6737 /est	pw:796870	
49664	Tuesday	various	7:30PM*	1-346-248-7799	use # for pw	Rebecca	1-480-318-0299mst/pst	88592044388	
56511	Tuesday	OA/AA lit	7:30PM*	1-681-999-0228	374341#	Chris	1-602-573-6804/pst/mst hyl	AZ time mst/pdt	
55547	Wednesday	Spkr/Disc	7am	1-605-313-5149	138973#	Joanne S.	1-978-204-6037 /est		
800623	Wednesday	AZ time mst/pst	9AM*	1-929-205-6099	pw:5T9f1C	Georgeann1	623-341-0001/pst/mst	3988846841	
38115	Wednesday	Spkr/Disc	9:30AM	1-929-436-2866	pw:350772	Kathy D	1-617-921-6674/est	81354119513	
55244		Recorded speakers: https://wedspeakers.wixsite.com/oa90/1st&3rdWed/					Playback tel	el#717-908-1015#	pin106702#
55244	Wednesday	Spkr/Disc	10am	1-540-792-0084	106702#	Barbara	1-760-638-3995 /pst	Keeping Spiritually Fit	
55018	Wednesday	Spkr/Disc	1pm	1-605-313-5144	494591#	Marcie	1-303-805-1881/mst		
55641	Wednesday	Spkr/Disc	5:30PM	1-646-876-9923	82135878895	Jean R.	1-603-566-4791/est	pw:2021	
54559	Wednesday	Spkr/Disc	7PM	1-646-558-8656	call or email	Jean B for passcode		83994109391	
55385	Wednesday	Spkr/Disc	8pm	1-681-999-0125	152802#	Jean	1-617-767-9134/est		
55319	Thursday	Voices of Recovery	7AM	1-605-475-4777	505284#	April D.	1-724-987-0582/est	Discussion	
55462	Thursday	Spkr/Disc	10am	1-605-472-5278	153663#	April D.	1-724-987-0582 /est	Discussion	
800553	Thursday	For Today/VOR	10:30AM	1-929-205-6099	meditate	Norma	1-602-380-6208/pst	82943834677	
55305	Thursday	Spkr/Disc	11am	1-605-313-5149	964221#	Karl Y.	1-727-244-8976 /est	Health issues	
800155	Thursday	OA/AA Steps/	5:30PM	1-929-436-2866	222498444	Stephanie D	1-727-641-3437/est	pw:008551	
89278	Thursday	OA BBSS	5:30pm	1-646-876-9923	82135878895	Jean R.	1-603-566-4791/est	pw:2021	
88839	Thursday	Spkr/Disc/Zoom	7pm	1-253-215-8782	82870771507	Maggie	1-814-494-1572/est	pw:895164	
55002	Thursday	Spkr/Disc	8pm	1-412-924-7121	419032#	Lori	1-210-829-4195 /cst	Basic Focus	
55157	Friday	Spkr/Disc	9am	1-717-908-1834	156173#	Bruce G.	1-408-655-0407 /pst		
800713	Friday	various	9am*	1-669-900-9128	991102	Karen F	1-602-690-8440pst/mst	88671008856	
55320	Friday	Spkr/Disc	11am	1-605-313-5149	964221#	Karl Y.	1-727-244-8976 /est	Health issues	
55044	Friday	Spkr/Disc	6pm	1-605-313-5143	713226#	Sally S.	1-617-429-9411 /est		
34970	Saturday	Spkr/Disc	7:15am	1-302-202-1102	277158#	Jay	1-617-699-2233 /est	MA	
55023						For meeting format see -		Website: 90DayOA.weebly.com	
55023	Saturday	'For Today'	8am	1-605-313-5149	242083#	Laura	1-802-885-1099/est	Discussion	

46006	Saturday	Spkr/Disc	8AM	1-929-436-2866	708604467	Cathryn	1-603-661-6712/est	pw:502545
47116	Saturday	Spkr/Disc	8:30AM	1-646-558-8656	pw:342407	Kathy D.	1-617-921-6674/est	89374109422
35175	Saturday	Spkr/Disc	9AM	1-425-436-6310	853478#	Sally	1-617-429-9411/est	(MA)
51442	Saturday	various	10AM*	1-346-248-7799	use # for pw	Rebecca	1-480-318-0299 pst/mst 88592044388#	
800160	Saturday	Spkr/Disc	10AM	1-646-558-8656	4017106603	Darian	1-508-272-8896/est	PW:123123
89357	Saturday	Spkr/BB/12+12	10am	1-301-715-8592	87510731879	Mandy	1-303-915-6188 /mst	pw:2020
89595	Saturday	spkr/disc	noon	1-669-900-6833	81577583251	Richard W	1-650-814-3009/pst	pw:339347
55204				For Format see this website: https://oa90sat4pmmeeeting.wixsite.com/phonemeeting				
55204	Saturday	Spkr/Disc	4pm	1-434-300-4186	911188#	Velma	1-602-500-9055 /mst	
	New List Contact: Jean B. 617-767-9134 email: jeanfloa@gmail.com							
								1/2/2023
		ZOOM MEETINGS		Zoom ID#	pin or password	contact		
89118	Sunday	Men's mtg	8:30AM	88360650133	sundaymen	Neil R.	1-410-318-6737/est	
89118	link	https://us02web.zoom.us/j/88360650133?pwd=VDRN3BwbO5XQIA3QkwwNmIEZzBtZz09						
53288	Sunday	relapse/recov	10AM	678611404	213703	Jason	1-617-818-0246/est	relapse ok
53288	link	https://us02web.zoom.us/j/678611404?pwd=YUZKaXl2cVdyTWp2MUUVU2pZNFcvQT09						
32247	Sunday	spkr/disc	5PM	81893028281	none	Ina	1-603-459-4552/est	
32247	link	https://us02web.zoom.us/j/81893028281						
52823	Sunday	speaker/lit	10PM	86195938957	277229	Richard 1	1-408-940-6278/pst	
52823	link	https://us02web.zoom.us/j/86195938957?pwd=ejRhNmZuaTFUjzQkQ0dFJ1aFZzUT09						
45662	Monday	Big Book Lit	9:30AM	169398975	call contact	Judy	1-774-215-0907/est	
45662	link	https://zoom.us/j/169398975						
53025	Monday	BBSS OA90	6:30PM	85241422955	371377	Sue	1-978-996-9116/est	see oambi.org
53025	link	https://us02web.zoom.us/j/85241422955?pwd=dGhQSnB6SWszbnNHamRTRWFUSUJ1UT09						
55490	Monday	spkr/disc	7PM	222498444	008551	Stephanie	1-727-641-3437 /est FL	
55490	link	https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFILdWJORGJnbFUzOVJMOT09						
50401	Monday	various	7:30PM*	85873651894	none	Lori M	1-480-242-4999/pst/mst	
50401	link	no Zoom link listed						
89478	Monday	spkr/disc	10PM	86065736073	132465	Leah	1-408-857-6123/pst	
89478	link	https://us02web.zoom.us/j/86065736073?pwd=MVMIVVFWa05wYOpqMkbZiZPaEiMZZ09						
89080	Monday	spkr/disc/newc	11PM	764584118	newcomers	Bob L.	1-314-256-9574/cst	
89080	link	https://us02web.zoom.us/j/764584118?pwd=bnVSV2NQVkyYwLy9BZHZBdUhyR3RrUT09						
89497	Tuesday	newcomers	1PM	82312200799	newcomers	Bob L.	1-314-256-9574/cst	
89497	link	https://us02web.zoom.us/j/82312200799?pwd=b0k5WmhEWkkrTmNhVUdMcXyYzBTdz09						
55358	Tuesday	spkr/disc	7PM	72909580027	052020	Al S.	1-617-592-3715/est MA	
55358	link	https://us04web.zoom.us/j/72909580027						
89095	Tuesday	spkr/disc	7:30PM	75404375924	796870	Neil R.	1-410-318-6737 /est	
89095	link	https://us02web.zoom.us/j/75404375924						
49664	Tuesday	various	7:30PM*	88592044388	none	Rebecca	1-480-318-0299pst/mst	
49664	link	no Zoom link listed						
800623	Wednesday	AZ time mst/pst	9AM*	3988846841	5T9f1C	Georgeann	1-623-341-0001/mst/pst	
800623	link	https://zoom.us/join						
38115	Wednesday	spkr/disc	9:30AM	81354119513	350772	Kathy D	617-921-6674/est	
38115	link	https://us02web.zoom.us/j/81354119513?pwd=NWpJd2E4Q3k4QUJVMUxLVFRrdXFKQT09						
55641	Wednesday	spkr/disc	5:30PM	82135878895	2021	Jean R.	1-603-566-4791/est	
55641	link	https://us02web.zoom.us/j/82135878895?pwd=UTNKVVkb1JOSGxRkVESzRhYnFIUT09						
54559	Wednesday	spkr/disc	7PM	83994109391	email walthamwednesdayoa@gmail.com for passcode			
54559	link	invite link and one touch dialing will not work, enter mtg ID and passcode manually						
800553	Thursday	lit/meditation	10:30AM	82943834677	meditate	Norma	1-602-380-6208/pst	
800553	link	https://us02web.zoom.us/j/82943834677?pwd=TFM3bDA0VG83VjZDNzAxSIFGQVRhQT09						
800155	Thursday	Step/Trad	5:30PM	222498444	008551#	Stephanie	1-727-641-3437 /est	
800155	link	https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFILdWJORGJnbFUzOVJMOT09						

89278	Thursday	OA BBSS	5:30PM	82135878895	2021	Jean R. 1	1-603-566-4791/est
89278	link	https://us02web.zoom.us/j/82135878895?pwd=UTNKVVkzb1JOSGxaRkVESzRhYnFIUT09					
88839	Thursday	spkr/disc	7PM	82870771507	895164	Maggie	1-814-494-1572/est
88839	link	https://us02web.zoom.us/j/82870771507?pwd=L2RtaVVRMmcvd0FmRWJWQnMwOHRzdz09					
800713	Friday	various	9AM*	88671008856	991102	Karen F	1-602-690-8440 pst/mst
800713	link	no link given					
46006	Saturday	spkr/disc	8AM	708604467	502545	Cathryn	1-603-661-6712/est
46006	link	https://us02web.zoom.us/j/708604467?pwd=ekd3dEpFbUFTUDNmQ2RnbkdIQWZVQT09					
47116	Saturday	spkr/disc	8:30AM	89374109422	342407	Kathy D.	1-617-921-6674/est
47116	link	https://us02web.zoom.us/j/89374109422?pwd=NmNKRCtLWW01YUdtK1VHRVJ3STgvdz09					
51442	Saturday	various	10AM*	88592044388	none	Rebecca	1-480-318-0299pst/mst
51442	link	https://us02web.zoom.us/j/88592044388					
89357	Saturday	spkr/BB/12&12	10AM	87510731879	2020	Mandy1-303-915-6188/mst	
89357	link	https://us02web.zoom.us/j/87510731879?pwd=YVFIRWxNRWVSeKtXeHD1MUNvcTNQQT09					
800160	Saturday	90 minute mtg	10AM	4017106603	123123	Darian	1-508-272-8896/est
800160	link	https://us02web.zoom.us/j/4017106603?pwd=a0c2N0FnMzIlympobDJROXd1WVB1dz09					
89595	Saturday	spkr/disc	noon	81577583251	339347	Richard	W1-650-814-3009/pst
89595	link	https://us02web.zoom.us/j/81577583251?pwd=a0xvdKlsdjR5ajRRK1A5bENqSC9NUT09					
You can use any of these phone numbers to access a Zoom meeting if you don't have web access.							
1-929-205-6099, 1-301-715-8592, 1-312-626-6799, 1-669-900-6833, 1-253-215-8782, or 1-346-248-7799. and more.							
You can use these phone numbers and the Zoom meeting ID to access a Zoom meeting by phone if you don't have web access.							
If you don't have a passcode (or you can't enter letters if it is a word) try using # instead.							
A note about Arizona time: There is a Tuesday night meeting held at 5:30PM Arizona time. That is 8:30PM EDT (March-November) and 7:30PM EST (November-March). March and November will be change months. Arizona is on Pacific Time starting in March and on Mountain Time starting in November (they change time zones instead of clocks)							
Because this is a hybrid phone meeting, they want to keep it on their local time. Additional AZ meetings are on M							
Tuesday, Wednesday, Friday, Saturday. Time is marked with * to show it will change.							
1/2/2023							

