



WHITE PLAINS NY

## 2023 REGION 6 CONVENTION WELCOME HOME

Region 6 of Overeaters Anonymous  
invites you to attend the  
**2023 Region 6 Convention!**  
**JOIN US IN PERSON**

### TENTATIVE HIGHLIGHTS

#### **Friday, October 13**

3:00 pm Registration opens  
4:00 pm Workshops begin  
6:00 pm Friday Night Buffet Dinner  
8:00 pm Grand opening/keynote speaker

#### **Saturday, October 14**

8:30 am Workshops continue throughout day  
6:30 pm Banquet  
8:00 pm Keynote speaker

#### **Sunday, October 15**

9:00 am Workshops begin  
10:30 am Closing session

### **General Service Opportunities**

We need your help with service  
Email will arrive in late-summer  
with all the service options

### **Workshop Speakers**

Information to follow in late summer

For additional information, please contact:

[r6conventionchair@oaregion6.org](mailto:r6conventionchair@oaregion6.org)

For registration information, please contact:

[r6conventionregistrar@gmail.com](mailto:r6conventionregistrar@gmail.com)

### CONVENTION REGISTRATION

Registration is online only to Sept 28th:

**Click here to register**

Credit Card/PayPal accepted

**\*\*No refunds or transfers\*\***

- \$55 USD to August 15
- \$65 USD - August 16 - Sept 28
- \$75 USD – Registration at the door
- \$45 USD – Friday Night Buffet Dinner
- \$60 USD – Saturday Night Banquet Dinner

### HOTEL INFORMATION

#### **Sonesta Hotel**

66 Hale Ave., White Plains, NY, 10601

#### **Hotel Occupancy Rates**

- King/Double Room \$179 US + tax/night
- Triple Room \$189 US + tax/night
- Quad Room \$199 US + tax/night

#### **Room Reservation Information**

- Hotel reservations must be made by September 12 to guarantee the R6 Convention rate
- Cancellation Policy:** Cancel by 3pm 48 hours prior to arrival to avoid charges

#### **Additional Hotel Information**

- Self Parking is \$10 per car per day

### **2 Ways to Register for the Hotel**

1. OA Region 6 website:

**Click Here**

2. Phone reservations 1-800-766-3782