

MBI Intergroup:

Next MBI Meeting is Sat, August 5, 2023, 10:30 am-Noon, on Zoom

- **Steps 7 & 8 Workshop is July 15** , 10:30-Noon on Zoom (Can call at 10:15)
- **Step 9 Workshop is September 23**
- **Step 10 Workshop is October 7**
- **Coming back to OA Part II –July 22, 2023**
- **[Flyer for Coming Back to OA PART II](#)**
Come hear a panel of speakers share their journey from relapse to recovery
- **No workshop in August**
- All step workshops are 10:30-Noon on Zoom (See Calendar for zoom info)

NOTE: Zoom and phone information for ALL workshops and retreats can be found on oambi.org under "Upcoming Events"

Virtual Region

Here is the link to <https://oavirtualregion.org/events/>

Region 6

- **"Keeping Connected" – A workshop on Sponsorship** given by our Region 6 Chair and Trustee Liaison, July 16th, 2023, 1:00 pm - 4:00 pm via Zoom| Sponsored By: Region 6 and the Greater Rochester Intergroup Flier: <https://oanewhampshire.org/wp-content/uploads/2023/05/Keeping-Connected-sponsorship-workshop-1.pdf>
- **2023 Region 6 Convention** (Face-to-Face) **FRI, OCT 13 2023** 3:00 PM EDT—**SUN, OCT 15 2023** 11:30 AM EDT, Sonesta White Plains Downtown, 66 Hale Ave, White Plains, NY 10601, USA
- **Welcome Home Flyer:** <https://oaregion6.org/2023-convention-welcome-home/>

The newsletter and the highlights are available at OAMBI.ORG

Meeting Changes - Most changes are on OAMBI.ORG MBI meeting goers who are able and willing to chair/host their usual face to face meeting as a Free Phone or Zoom phone and (optional) visual meeting, **Contact Eve P at: oambizoom@gmail.com for Host information.** Please know that Mass Bay & Metro West Intergroup are suggesting & supporting "live" Group meetings, by Free Conference Call or Free Zoom conference call. Please call the contact person to find out if there is a phone meeting or other online meeting temporarily. (Most contacts can be found on OA.org) Thanks.

Say: If you have any questions or want more information, please speak to me at the end of the meeting. Thank you.