

## **MBI Intergroup:**

**Next MBI Meeting is Sat, April 13, 2024, 10:30 am-Noon, on Zoom**

**\*\*\*NOTE: Zoom and phone information for ALL workshops and retreats can be found on [oambi.org](http://oambi.org) under "Upcoming Events"\*\*\***

## **Welcome Back Workshop**

**Apr 20 @ 10:30 am – 11:30 am**

Eastern Time (US and Canada) (meeting will open at 10:15) See OAMBI calendar for Zoom Info.

## **REGION 6 NEWS & EVENTS**

**Region 6 SPRING ASSEMBLY**, April 6, 2024, In person, Albany, NY

**Get Ready for the 2024 Region 6 Convention**, October 25-27, 2024  
Nashua, New Hampshire. **Link to Info:** <https://oaregion6.org/convention/>

## **Metro West Intergroup**

- <https://www.metrowestoa.org/bulletin-board/>

## **Ocean and Bay Intergroup**

- **Step 11 Two-Way Prayer Writing Workshop** Saturday, February 24, 2024, 1 to 2:30 pm ET / 6 to 7:30 pm UTC. See our flyer: <https://oceanandbay.org/wp-content/uploads/2024/02/2-way-prayer-3-23-FLYER-NEW-ID-3.pdf>
- **Sometimes Quickly, ... Big Book Study**, Sunday, March 17: Steps 2 through 7  
Sunday, March 24: Steps 8 through 12  
All sessions will be held from 1 PM to 4 PM EST, Attendance at all sessions is encouraged, but not required. Flyer: <https://oceanandbay.org/wp-content/uploads/2024/01/Miracle-big-book-Poster-3.pdf>

**OA90 Retreat:** Dates June 14-16, 2024 - Location: Endicott College, Beverly MA., accessible by public transportation - rail and bus

## **Virtual Region**

**Virtual Region:** <https://oavirtualregion.org/events/>

The newsletter and the highlights are available at [OAMBI.ORG](http://OAMBI.ORG)

**Meeting Changes - Most changes are on OAMBI.ORG** MBI meeting goes who are able and willing to chair/host their usual face to face meeting as a Free Phone or Zoom home and (optional) visual meeting, **Contact Eve P at: [oambizoom@gmail.com](mailto:oambizoom@gmail.com) for Host information.** Please know that Mass Bay & Metro West Intergroup are suggesting & supporting "live" Group meetings, by Free Conference Call or Free Zoom conference call. Please call the contact person to find out if there is a phone meeting or other online meeting temporarily. (Most contacts can be found on OA.org) Thanks.

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**Say:** If you have any questions or want more information, please speak to me at the end of the meeting. Thank you.