

Happy abstinent holidays, everyone! This is your OA90 delayed mid-month update (3/4 month??).

Meeting closing: Monday 8:30AM EST Traditions meeting will close. Their final meeting will be Monday 12/30/24.

Meeting needs support: The Wednesday 8PM EST phone meeting has been losing members and service support. We switched from being a speaker meeting to having a speaker the first Wednesday of the month and reading literature the other weeks. We have a core of 3 people doing service and have had less than 15 people on the meeting average. We are going to consider our options for January. Anybody out there??? I'm the meeting secretary, let me know.

Changes to Zoom meetings

2 Zoom meetings are changing their Zoom meeting IDs and passcodes as of 12/29/24
Sunday 8:30AM EST men's meeting new Zoom meeting ID 895 7024 8078 Passcode 6101935

Monday 11PM EST new Zoom 899 3516 4495 Passcode 6101935

If you access these meetings by phone, the dial-in hasn't changed, just the Zoom meeting ID& passcode.

Sunday 1/5/25 1-3:30PM EST

The Courage to Come Back After a Break

Hear speakers who have experienced a break in abstinence or even relapse and come back to long-term abstinence.

Your OA90 Virtual intergroup workshop committee is hard at work planning workshops for the upcoming year. The January email will have info on a January 18th workshop celebrating OA's 65th birthday, and a February workshop too! Stay in the know!! Let us know if you have an idea for a workshop or a speaker.

Wishing you all happy abstinent holidays and a healthy new year!

Jean B.