

Suggested Highlights May 2025

Mass Bay: Next MBI Meeting is Sat, June 14, 2025

10:30am-Noon, on Zoom ***NOTE: Zoom and phone information for ALL workshops and retreats can be found on oambi.org under "Upcoming Events"***

NEW! MBI office has a new phone: 781-205-9606 &

NEW Face-to-Face Meetings!

- **Essex: Tuesday 7:30pm** (1 hour, literature) First Congregational Church of Essex, 3
9 Main St (accessible, with parking)
Contact: Edith F 978-675-6112
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- **North Andover: Wednesday 10:00am** (1 hour, lit) First United Methodist Church, 57
Peters St, 2 floor (handicapped accessible via self-operated elevator, use side entrance)
Contact: Dena 978-965-9565
- **MetroWest Intergroup: MWI RETREAT June 6-8, 2025**
La Salette Retreat Center [947 Park Street, Attleboro, MA](http://947ParkStreetAttleboroMA.com) Contact retreat@metrowestoa.org
to learn about service opportunities. Registration opens March 26, 2025 [Register Online Now](#)
- **NSI Annual Retreat** Join NSI at our 13th annual one-day OA retreat!
June 7, 2025, 9:00 AM - 3:00 PM - Seeking Conscious Contact: Transforming Our
Relationship With Our Higher Power - In this retreat, we will look at our relationship with
our Higher Power and practice writing and sharing Two-Way Prayer. Bring your lunch -
coffee, tea, and water will be provided. Smoke and fragrance-free. Handicapped accessible.
Registration is \$15 and is due by 5/23/25. Registration confirmation will be sent prior to
5/31/25.
- **Flyer: <https://www.oanorthshoreintergroup.org/wp-content/uploads/2025/03/NSI-RETREAT-SEEKING-CONSCIOUS-CONTACT-06-07-25-Flyer.pdf>**
Southwest Connecticut OA Intergroup: SWCTIG Retreat, 17th Annual Retreat,
Tranquility – Transformation Through the Steps Weekend Retreat, **June 20 to June 22**,
2025, 4:00 PM - June 22, 2025 12:30 PM EST Registration deadline is May 30, Flyer &
Registration Form: <https://connecticutoa.org/event/tranquility-self-care-through-the-steps/>
- **OA Region 6 Convention - Imagine the Miracles!**
October 24, 2025 - October 26, 2025
Hyatt Regency Rochester, 125 E Main St, Rochester, NY 14604, USA
OA Region 6 Convention 2025 - Imagine the Miracles!
[See the OA Region 6 website for more details!](#)

The newsletter and the highlights are available at OAMBI.ORG **Meeting Changes - Most changes are on OAMBI.ORG** MBI meeting goes who are able and willing to chair/host their usual face to face meeting as a Free Phone or Zoom and (optional) visual meeting, [Contact Jeanne K at: 781-205-9606 for Host information](#). Please know that Mass Bay & Metro West Intergroup are supporting "live" Group meetings, by Free Conference Call or Free Zoom conference call.

Say: If you have any questions or want more information, please speak to me at the end of the meeting. Thank you.