

Suggested Highlights August 2025

Mass Bay: Next MBI Meeting is Sat, September 13, 2025

10:30am-Noon, on Zoom ***NOTE: Zoom and phone information for ALL workshops and retreats can be found on oambi.org under "Upcoming Events"***

NEW! MBI office has a new phone: 781-205-9606

NEW Face-to-Face Meetings!

- **Essex: Tuesday 7:30pm** (1 hour, literature) First Congregational Church of Essex, 39 Main St (accessible, with parking) Contact: Edith F 978-675-6112
- **Thursday: 7-8 pm (Winthrop NEW! LIVE Literature/OPEN** at Saint Johns Episcopal Hall, 222 Bowdoin Street, Winthrop, MA 02152

North Andover: Wednesday 10:00am (1 hour, lit)

2025First United Methodist Church, 57 Peters St, 2 floor (handicapped accessible via self-operated elevator, use side entrance) Contact: Dena 978-965-9565

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- **Ocean & Bay Intergroup**: Online Overeaters Anonymous Lunch Break Meeting,
Monday-Friday, 12:30-1:30PM EST -
Zoom ID: 646-596-036 Password: 550141

Central Ontario Intergroup:

See Oct. workshops and meetings: <https://www.oaontario.org/2025>

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- **OA Region 6 Convention - Imagine the Miracles!**
October 24, 2025 - October 26, 2025, Hyatt Regency Rochester, 125 E Main St, Rochester, NY 14604, USA
[See the OA Region 6 website for more details!](#)

The newsletter and the highlights are available at OAMBI.ORG **Meeting Changes - Most changes are on OAMBI.ORG** MBI meeting goers who are able and willing to chair/host their usual face to face meeting as a Free Phone or Zoom and (optional) visual meeting, [Contact Jeanne K at: 781-205-9606](#) for Host information. Please know that Mass Bay & Metro West Intergroup are supporting "live" Group meetings, by Free Conference Call or Free Zoom conference call.

Say: If you have any questions or want more information, please speak to me at the end of the meeting. Thank you.