

**Mass Bay: Next MBI Meeting is Sat, February 14, 2026**

10:30am-Noon, on Zoom \*\*\*NOTE: Zoom and phone information for ALL workshops and retreats can be found on [oambi.org](http://oambi.org) under "Upcoming Events"\*\*\*

**! MBI office has a new phone: 781-205-9606**

The list of OA member stories has been updated. Go to [OAMBI.ORG](http://OAMBI.ORG), What is OA and select listen to personal stories!

**NEW!!Tough Questions in OA Recovery Workshop Contents**

- Preparation to-do lists for the workshop, including necessary resources to find, print, and/or download
- Tools for the chat monitor
- Lead moderator workshop script, including suggested timing for the workshop
- Moderator Tough Questions
- Additional Tough Questions
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- Here is the link:

<https://oa.org/documents/tough-questions-in-oa-recovery-workshop/>

**OA90 Virtual Intergroup** To hear audio recordings of speakers from 2025 workshops go to the link. <https://www.youtube.com/@OA90VIG> The recordings are typically 15-20 minutes each, great for a short burst of program inspiration.

See OAMBI Newsletter for more meetings, as well as Metrowest, Ocean and Bay Intergroup, etc.

**PLEASE NOTE: Many OA meetings are meeting by phone or ZOOM. Check [OAMBI.ORG](http://OAMBI.ORG) or with your meeting contact person. (usually available on [OA.org](http://OA.org))**

The newsletter and the highlights are available at [OAMBI.ORG](http://OAMBI.ORG) **Meeting Changes - Most changes are on [OAMBI.ORG](http://OAMBI.ORG)** MBI meeting goers who are able and willing to chair/host their usual face to face meeting as a Free Phone or Zoom and (optional) visual meeting, [Contact Jeanne K at: 781-205-9606](#) for Host information. Please know that Mass Bay & Metro West Intergroup are supporting "live" Group meetings, by Free Conference Call or Free Zoom conference call.

**Say:** If you have any questions or want more information, please speak to me at the end of the meeting. Thank you.