

**Mass Bay: Next MBI Meeting is Sat June 13, 2026**

10:30am-Noon, on Zoom **\*\*\*NOTE: Zoom and phone information for ALL workshops and retreats can be found on [oambi.org](http://oambi.org) under "Upcoming Events"\*\*\***

We are looking to hire a new office Worker as Marina is retiring. See newsletter for info.

**OA90 Virtual Intergroup** To hear audio recordings of speakers from 2025 workshops go to the link. <https://www.youtube.com/@OA90VIG> The recordings are typically 15-20 minutes each, great for a short burst of program inspiration.

**North Shore Intergroup:**

One Day Retreat June 20, 2026 9:AM-3PM June 20, 2026 9:00 am - 3:00 pm Notre Dame Spirituality Center, 30 Jeffrey's Neck Rd, Ipswich, MA 01938 Find driving directions at their [website www.notredamesc.org](http://www.notredamesc.org) The goal of this workshop is for participants to experience better consciousness of our bodies, and consider ways we can use the recovery process to experience healing and wholeness. See the flyer - <https://www.oanorthshoreintergroup.org/>  
See OAMBI Newsletter for more meetings, as well as Metro west, Ocean and Bay Intergroup, etc.

**PLEASE NOTE: Many OA meetings are meeting by phone or ZOOM. Check [OAMBI.ORG](http://OAMBI.ORG) or with your meeting contact person. (usually available on [OA.org](http://OA.org))**

The newsletter and the highlights are available at [OAMBI.ORG](http://OAMBI.ORG) **Meeting Changes - Most changes are on [OAMBI.ORG](http://OAMBI.ORG)** MBI meeting goers who are able and willing to chair/host their usual face to face meeting as a Free Phone or Zoom and (optional) visual meeting, **Contact Laura J at: 781-205-9606** for Host information. Please know that Mass Bay & Metro West Intergroup are supporting "live" Group meetings, by Free Conference Call or Free Zoom conference call.

**Say:** If you have any questions or want more information, please speak to me at the end of the meeting. Thank you.